THE STRONG HEART STUDY II
ISEL

ID Number

1. How is this questionnaire administered?
   1=By interviewer
   2=By self
   3=Refused

This scale is an assessment of social support, and is made up of a list of statements, which may or may not be true about you. For each statement (Q2-Q21), answer as to whether it is 'Never True', 'Rarely True', 'Somewhat True', or 'Definitely True' for you.

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2. If I needed a quick emergency loan of $30, there is someone I could get it from.

3. There is at least one person I know, whose advice I really trust.

4. If I needed help around the house (that is, with cleaning or making small repairs), I would have a hard time finding someone to help me without pay.

5. If I wanted to go play bingo, go to a potluck or pow wow, or some other activity, I could easily find someone to go with me.

6. I have a positive attitude about myself.

7. When I need suggestions for how to deal with a personal worry or problem I know there is someone I can talk to.

8. There are several people that I regularly enjoy spending leisure time with.

9. There is really no one I can talk to about money problems.

10. I have the confidence to do the things I want to do in my life.

11. If I needed help in doing some errands, I could find someone to help me.

12. I am a person of at least equal worth as other people.

13. I know someone that I can talk with about my most private thoughts and feelings.

14. If I needed a ride early in the morning, I would have a hard time finding anyone to take me.
For each statement, answer as to whether it is 'Never True', 'Rarely True', 'Somewhat True', or 'Definitely True' for you.

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15. I often meet or talk with friends or members of my family.  

16. I am basically a good person.  

17. I often get invited to do things with others.  

18. I feel satisfied with the help I get in doing tasks around the house, taking care of errands, and getting rides.  

19. I feel satisfied with the amount of support I get with personal concerns.  

20. I feel satisfied with how often I talk to, or get together with family and friends.  

21. I feel satisfied with how I feel about myself.  

22. Interviewer’s code  

23. Date completed (mo/day/yr)