1. How is this questionnaire administered?
   1=By interviewer
   2=By self
   3=Refused

A number of statements which people have used to describe themselves when they feel angry or furious are given below (Q2-Q21). Please read each statement and then indicate how often you feel or act in the manner described when you are angry.

<table>
<thead>
<tr>
<th>1</th>
<th>Rarely or Never</th>
<th>2</th>
<th>Sometimes</th>
<th>3</th>
<th>Often or Always</th>
<th>4</th>
<th>Almost Always</th>
</tr>
</thead>
</table>

When I feel angry . . .

2. I control my temper.

3. I express my anger.

4. I keep my feelings to myself.

5. I make threats I don't really mean to carry out.

6. I withdraw from people when I'm angry.

7. I give people "the silent treatment" when I'm angry.

8. I make hurtful remarks to others.

9. I keep my cool.

10. I do things like slam doors when I'm angry.

11. I boil inside, but I don't show it.

12. I argue with others.

13. I hold grudges that I don't tell anyone about.

14. I strike out (emotionally or physically) at whatever makes me angry.
Please read each statement and then indicate how often you feel or act in the manner described when you are angry.

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Rarely or Never</td>
<td>Sometimes</td>
<td>Often or Always</td>
<td>Almost Always</td>
<td></td>
</tr>
</tbody>
</table>

15. I am more critical of (judge or find fault with) others than I let people know. [ ] SPIEL15
16. I get angrier than I usually admit. [ ] SPIEL16
17. I calm down faster than most other people. [ ] SPIEL17
18. I say mean things. [ ] SPIEL18
19. I am irritated (frustrated, annoyed) much more than people are aware of. [ ] SPIEL19
20. I lose my temper. [ ] SPIEL20
21. If someone bothers (frustrates, irritates) me, I am likely to tell him/her. [ ] SPIEL21
22. Interviewer’s code [ ] CODE
23. Date completed (mo/day/yr) [ ] DOC